



# Compass Points

The Journal of the Arizona Yacht Club

## August 2011 - Compass Points

August 3, 2011 3:20 am

Whoooo-Wee! It's HOT! Does that stop AZ sailors? Nah! We're still at it all year round as evidenced by our Reverse Frost-biting (aka Heatstroke Series).

Send us your stories of travels and cool sailing to share with the Club next month!

- 1) Commodore's Corner - Embrace the Imperfections
- 2) Too Hot to Sail? It's Kinnickinick Time!
- 3) Renew! Renew! Renew! It's time to update your membership
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## Commodore's Corner - August 2011

August 3, 2011 3:19 am



Ahoy from Kenosha, WI and Buccaneer North American Championships (BNAC). The new AYC "fiscal year" is heating up and I hope you are all enjoying some fun like we are and enjoying cooler climates during our "Heatstroke Season."

The AYC annual Kinnickinick Kampout is coming up this weekend, and many others are visiting locations like the High Sierra Regatta in Huntington Lake, CA, or are off to the places like we are here on Lake Michigan for BNAC.

We're hearing loud and clear here in Kenosha how folks in the north country squeeze all they can into those few summer months of nice weather because all too soon they will be ice boat sailing, while we get to enjoy sailing throughout the year. Az may not be perfect, but what we have is pretty wonderful.

Likewise, the Arizona Yacht Club may not be perfect, but it doesn't take much comparing to other clubs to know that what we have is pretty darn sweet. In addition to our non-stop racing schedule and sailing education programs, we also have some seriously entertaining and highly educational Monthly Membership Meetings. Yeah, sounds pretty cool!

I hope see you at one of our many activities soon!

Emory Heisler  
Commodore  
(From BNAC in Kenosha, WI)



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## Too Hot to Sail? It's Kinnikinick Time!

August 3, 2011 3:18 am



Is the searing heat keeping you and the kids trapped inside causing you to go stir-crazy?

Is the thought of melting, as you setup your sunfish or laser and sailing in bathwater warm lake not appealing?

Have we got a weekend for you!

The 2011 edition of The Arizona Yacht Club Kinnikinick Lake Kampout is almost here.

The weekend of August 5,6,7, 2011 is our "Escape to Pine Mountain" and the gateway to Kinnikinick Lake. Come on up Friday, or Saturday, or Sunday and stake out your chunk of cool forested heaven. A leisurely 2.5 hour drive from Phoenix gets you 8000 feet of elevation and 30 degrees cooler and an amazing change in perspective.

Traditional events of Meadow Golf, Liars Dice, Scavenger Hunt, Horseshoes, and Saturdays Open Grill Gathering are all on tap. We also have a bunch of our Lake Pleasant Sailing Club partners and Tucson Sailing Club Brethren bringing their dinghies from the far south to enjoy the cool waters of Kinnikinick.

So - saddle up the station wagon, toss in the dusty tent and lawn chairs, buckle in the kids, hitch up the sunfish, and mosey on up the mountain for a weekend of cool relaxation.

Sound GOOD?? How about pitching in for a hour and helping out on one of a dozen fun activities.

Pick one below know OR if you have a family favorite activity share with us all.

Some suggested activities:

- Meadow Golf

- Liars Dice
- Scavenger Hunt
- Potty guide (Friday am)
- Banner Setup and take down
- Saturday Pot-Luck
- Sunday clean-up
- Fishing Tournament
- Sailboat Race
- Sailboat Rides
- Nature Walk/Hike
- Photo walk
- Volleyball
- Horseshoes
- Your Family Favorite!

Comments, questions, spelling and grammatical errors:

Michael Parker  
Arizona Yacht Club Cruising Director  
azexpedition@gmail.com

More Kinnikinick info  
<http://www.delange.org/KinnikinickLake/KinnikinickLake.htm>

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## Science and the Art of Sailing

August 3, 2011 3:17 am



Garth Reynolds of North Sails describing how sails are sewn together.

We dove deep into the science of sails when North Sails designer Garth Reynolds rolled out a presentation filled with charts, graphs, and colored aerodynamic displays at the AYC July membership meeting, Tuesday evening, July 12.

Garth ticked off a list of software approaches he uses to fashion sails for a host of serious and semi-serious competitors: Olympic sailors, Opti sailors, or weekend one-design racers. And maybe most interesting, he described how he works to correlate computer number flow with performance on the water. Using a following boat with cameras and data-gathering gear and integrating pictures from a masthead camera, he can massage sails to match the conditions and the competitor.

Garth described how he adjusted the sails for two young Opti sailors, twins with startlingly different sailing styles. They may have shared DNA, he said, but they used very different techniques to reach success. Result: different sails to suit each technique that brought them both to the head of the pack in a 200-boat competition.

Garth's enthusiasm for sailing is infectious. He admits his father doesn't quite believe his son's good luck. "He always told me, don't expect work to be fun. That's why they call it *work!*" Yet, here's Garth Reynolds, bubbling with the joy of discovering tiny tweaks to make a Finn sail better over tall waves so Olympian Zach Railey can take a gold medal next year.

"What were your takeaways?" I asked a few AYC people.

"Wrinkles aren't bad," said one. Garth had made it clear that getting the right shape may mean wrinkles, dragging reluctant fabric into rounded shapes.

"Pointing means constant fiddling," said another. Garth had described how to push the boat higher and how a single knot of wind velocity can change the whole picture.

Lots of people reached for one of Garth's business cards, intent on taking him up on his offer to review photos to coach them on sail shape. If you'd like to do that, his e-mail address is [garth@design.northsails.com](mailto:garth@design.northsails.com). If you send a picture, be sure to include as much information as possible about conditions at the time, including wind speed, helm, trim, heel and so forth.

With the usual AYC monthly meeting place suddenly unavailable just days before the July meeting, Maryellen scrambled to find a replacement and landed a great one, the Fiesta Inn, just four miles from our usual 19<sup>th</sup> Tee meeting spot. The Fiesta Inn provided an excellent facility and good food at a great rate and nearly 70 people turned out for the meeting.

Next month: back at 19<sup>th</sup> Tee (probably under a new name) with the postponed ice cream social.

—Mike Ferring



Some of the audience for Garth Reynolds' session

## Renew! Renew! Renew! 2011-12 Membership

August 3, 2011 3:17 am

Renew! Renew! Renew! The AYC annual membership renewal season is well underway. Don't wait till the last minute...[CLICK HERE](#) to register now, or if you need some help come on down to the July membership meeting at Tempe Rolling Hills Golf Course (Tuesday, 7÷12÷11) and we'll get you signed up there and then!

We have a newly designed membership card in the works, which will be personalized in a batch run - make sure you get your

renewal in before the end of July so that you don't miss out on the permanent annual card AND listing in the annual membership roster.

Prefer to use the good old US Mail and a pen or pencil? Drop an email to one of our "Ace" Membership Directors and they'll get you a hardcopy form to fill out and you can mail in your check. Time's a waistin! Renew your membership today!

Roger Butterwick - Membership Director

Brenda Shears - Membership Director

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## Cool Viper Sailing - High Sierra Regatta

August 3, 2011 3:16 am



HIGH SIERRA REGATTA - JULY 15-17, 2011

by Tony Chapman

If you've never attended this Fresno Yacht Club event at Huntington Lake, in the Sierra Mountains of Central California, there are many reasons to add it to your "must-do regatta" list. For those of us in Arizona the excuse is very simple - it's a way to get out of the crazy heat. There are many more reasons to make the effort to attend if anyone wants to start a list. I decided to tow my new Viper 640 (see [www.viper640.org](http://www.viper640.org)) there as soon as it hit 100 degrees here in Arizona.

The lake itself, at an elevation of 7200 feet, is spectacular, surrounded by the tree covered mountains of the Sierra National Forest. This year it was even more spectacular as there was still snow on some of the surrounding peaks. And as usual the wind gods provided great sailing conditions by turning on great breeze each day prior to the start of racing and then promptly turning it off when we were done. Is there anything better than sailing in great winds (there were plenty of times it was white-capping) on fresh and clear water? The temperature dropped to a very cool 34 degrees the first night and from our cabin sites overlooking the lake, the water looked so calm the next morning that I was convinced the lake had frozen over.

We enjoyed great dinner and drinking sessions each evening back at the cabins, where we got to know some of the newer members of our ever-growing Viper ranks. The social side of our fleet really does add to the positive experience for all involved.



#### TIM CARTER AND CREW PREPARING TO START

Thanks to Tim Carter from Alamitos Bay YC, Long Beach, a few of us also managed to secure slips that were right by the starting line which made it very convenient to go racing each day. This also helped when crew showed up late from partying too much the night before and we were already in sequence as the last of the boats left the dock.

Despite all the local distractions we managed to do three days of great racing. The Vipers looked really impressive against the other sport boats that attended and we were often passing both the J80 and Melges 20 early in the first downwind leg despite giving them a 5 minute earlier start. On the last day we sailed (more like "smoked") through the Wylie Wabbit fleet on the final downwind leg and received many positive comments from them afterwards.

Having seen Tim Carter truly trounce on the competition at Long Beach Race Week by just having better boat speed than everyone else I decided to make boat speed our priority for the regatta. It really paid-off as the final day saw us leading the fleet with a two-point advantage over Tim going into the last race. This resulted in us having one of the best tacking duels I have ever been involved in. Thanks Tim - it was a lot of fun. Thank you also to my crew of Dennis Martinelli and Luce Sahali for securing the first P1 trophy for #146. Other Arizona YC members that made the trip included Laurent Dion and Trey Harlow.

Results and more info on the event are available [here](#).

Hope to see more of you there next time we visit. It really should be put on your "must-do regatta" list.

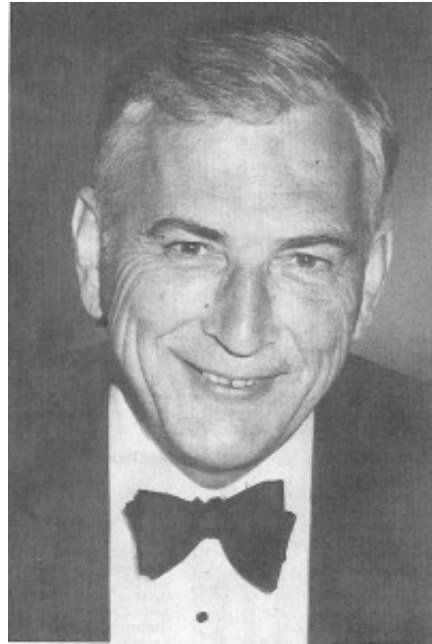
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## Eight Bells: Joe Rowe

August 3, 2011 3:15 am

AYC has lost another of our "Founding Fathers". Joe Rowe, an AYC member for over 40 years, passed away July 9, 2011.

Here is his obituary, reprinted from the Arizona Republic Online:



Joseph Dallas Rowe A long-time Valley resident, passed away July 9, 2011. A man of action over words, a motivating role model and positive influence, Joe always gave family and friends first priority. In setting his "issue" up to succeed and excel academically and professionally, Joe postulated, "May you grow in the love that surrounds you and the knowledge that the circle of love extends to all who know you and beyond." Joe was born the son of John Abram Rowe and Floy Armstrong Rowe in Hollywood Hospital on January 29, 1929, his father's 33<sup>rd</sup> birthday. Though confronted with the loss of his mother in childbirth and brother at the conclusion of WWII, Joe remained a positive soul. Step-siblings Charles Harris Flannery and Martha Flannery Betz introduced a breadth of family that brought Joe much happiness and sense of family pride. Outside of school, Joe spent his formative years fighting fires and working dude ranches while managing youthful diversions and adventures along the way. While a Marine Corp Reserve, Joe enrolled at Cal (UC Berkeley) in 1948 where he studied Economics and joined the Phi Gamma Delta Fraternity. Graduating in 1952, Joe entered the insurance industry as a property & casualty agent for US Fidelity & Deposit Company. About this time, Joe met Aneta "Punkie" Peabody whom he married on June 12, 1954.

They transferred to the greater Phoenix area immediately thereafter. In 1956, Joe joined the Valley National Company, where he specialized in meeting the insurance needs of contractors. Joe became an officer of VNCo in 1961 and entertained a lifelong career with the agency eventually holding executive positions of Secretary-Treasurer and CFO. During those years, Joe chaired the Central Arizona CPCU and sat on both the City of Phoenix and Maricopa County Citizen's Bond Advisory Boards. Ever community-minded, Joe took on several philanthropic initiatives and among other positions became President of the Board of the Phoenix Center or the Blind and President of the Board of Planned Parenthood (formerly Family Services). He and Aneta were pillars of the United Church of Christ, Church of the Beatitude, where he served as congregation President. Joe sat on several boards including the UCC Insurance Advisory Board and headed up annual fund-raising for the Valley Of The Sun United Way. Joe and Aneta started their family in 1956, raising three children: Scott (Diane),

Kathleen "Kappy" (Mark), and Michael (Nancy). He proudly enjoyed his three grandchildren Natalie, Will and Michael. Joe developed a keen interest in sailing and raced Thistles with sons Scott and Mike until the mid '90s.

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## TTL Heatstroke Series - Week 7 Scores

August 3, 2011 3:14 am

Week 7 of the Tempe Town Lake 2011 Heat Stroke are posted here.

### 2011 HEATSTROKE SERIES MID SERIES STANDINGS

#### **Buccaneer 18 Fleet**

Sail Boat Skipper

- 1 5239 Erin Morgan Heisler, Emory
- 2 5231 Lazy Bones Chapman, Tony
- 3 1235 Dang Gina Brown, Stephen
- 4 524 Pillote, Cynthia

#### **Capri 14.2 Fleet**

Sail Boat Skipper

- 1 4818 Sea Ya! Ferring, Mike
- 2 3 Hot T/Iced T Tingom, George
- 3 4650 Sec'nd Wind Lake, Lisa
- 4 1438 Was BirdBath Lorch, Alexia
- 5 4567 Kennedy, Stephen

#### **Laser Fleet**

Sail Boat Skipper

- 1 177634 Bernard, Mike
- 2 AYC1 AYC Adopt-a-Boat Verplanke, Edwin
- 3 184560 Yak Meat Sheller, George
- 4 20440 Harlow, Trey
- 5 8 Skeeter Gibbs, Rob
- 6 88241 Merlin Willis, Dave
- 7 AYC2 AYC Adopt-a-Boat Murphy, Garrison

#### **Portsmouth Fleet**

Sail Boat Skipper Type

- 1 15034 Poulson, Clay Fireball
- 2 7 AYC Adopt Poulson, Clay Sunfish
- 3 181 Waterdog Motil, Joe Megabyte
- 4 3310 Eanes, Sean Prindle 16
- 5 AYC1 AYC AdopT Reger, Lori Sunfish
- 5 72 Fatboy Barnett, Joe Megabyte

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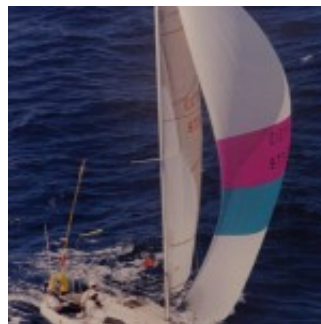
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To place an ad, contact Web Master



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. One-quarter ownership interest available in 1989 Catalina 42 in San Diego. Fully equipped vessel in good condition inc new North 3DL genoa and canvas /upholstery. Set up for coastal cruising or long distance racing. 3 cabin /2 head version with deep keel. Sails very well. Ownership entitles buyer to access to the boat every 4<sup>th</sup> week. Share of expenses is \$300 per month. Purchase price is \$20,000. For complete details contact Tony at (602) 956-5101. (8/2011)



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**For Sale: Hutchins ComPac 16.** \$4,500.00 Beautiful 16' sloop.

Perfect for beginning sailors or old salts ready to downsize. Includes main, jib, trailer, 2hp Johnson outboard, many little extras. Cockpit seats 4 adults easily. 2 berths. Can be seen in Ft. Hills. Contact John Birkemo (480) 717 4012.

(6÷2011)



18 foot Javelin O'Day. Trailer raises manually like a dump truck to simplify solo launching. This day sailor is rigged for solo sailing. Jib has a roller furler. All rigging upgraded. Stern needs some maintenance. \$600 or best offer. Flagstaff. Are you considering participating in the Kinnikinick Kampout? It would be a great time to take a look at this boat. Call Terry at 928-699-1138 or e-mail me at [terryfemale@gmail.com](mailto:terryfemale@gmail.com)

I am looking for a late model used Catalina 13 (or possibly 14.2) daysailor or equivalent, in reasonably good condition w/a trailer. Please call Bob @ 602-788-1218 or email me at [bobstropicals@qwestoffice.net](mailto:bobstropicals@qwestoffice.net)

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