

# **Opti One & Opti Two Sailing Class**

## **Spring 2012 \* Tempe Town Lake**

*First Class: March 4, 2012*

**Kids Introduction to Sailing:** Focus is on learning the basics – parts of the boat, making the boat go; safety on the water. Short “on shore” sessions followed by sailing in the Optimist. Five days of instruction. 2 hours each day including rigging.

### Sunday Sailing Days:

1:00 PM to 3:00 PM -- OPTI ONE  
3:30 PM to 5:30 PM – OPTI TWO  
3/4 3/11 3/18 4/8 4/15  
(make up sail day if needed 4/29)

The instruction is offered at a cost of \$195 per student. Opti Two requires student to have completed Opti One.

The ASF course will build knowledge and confidence. These are fun classes for children as young as eight and young teens are not too old. Sailing is great on the protected waters of Tempe Town Lake. A safety boat with an instructor is with the students at all times. Topics include sailing theory, boat handling, safety, right-of-way, knots, and docking. We'll work to prepare students to enjoy time on the water. The instructors are US Sailing certified.

**Times:** Opti 1 typically starts at 1:00pm on Sunday afternoons and is followed by Opti 2 at 3:30. Opti 2 students are expected to be ready to sail at 3:30, which means rigged, launched and ready on the dock! Opti 2 finishes around 5:30.

Sign up on the Arizona Yacht Club Web site.



*Tempe Town Lake bristles with ASF sails. Photo: Mike Ferring*

[www.AZsailing.com](http://www.AZsailing.com) Classes fill up quickly, so timely registration is advised.

Head Instructor: Natalie Harper Mayfield

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*Waiting for Wind. Photo: Dan Buckstaff*

## **“The Art of Sailing”**

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