## **A Safety Mindset**

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## Six challenges of crew-overboard rescues

- Staying afloat
- Delivering flotation
- Getting the boat back to the victim
- Finding the victim
- Contacting the victim
- Re-boarding

## **Eight Strategies for Successful Rescues**

- . Wear Flotation
- . Be a good victim
- . Increase your "find-ability"
- . Mark location with GPS and throw flotation
- . Minimize distance away and return quickly
- . Use gear to make contact and anticipate re-boarding
- . Have a command structure
- . Practice