



# SAFETY AT SEA SEMINARS

## Safety at Sea Seminar facts:

- Moderated and taught by experienced, lifelong sailors who include some of the top names in sailing and safety.
- Designed for sailors of all types and levels — cruisers and racers, novices and experts.
- Curriculum is certified by US Sailing, and certifications are good for five years.
- **Two-day ISAF Now Required** by Pacific Cup, WCC (ARC events); CCA (Newport to Bermuda) will require all racers to have an ISAF Two-day starting 2020 – **UPGRADE your One-day** (see below)



**Where:** Southwestern Yacht Club, 2702 Qualtrough Street, San Diego, CA

**When:** June 23-24, 2018

### Offshore Safety Courses

US Sailing Sanctioned International Offshore Safety at Sea Course with Hands-on Training: June 23-24<sup>th</sup> **Two-Day ISAF**

US Sailing Sanctioned SAS Hands-On Training Only: June 24<sup>th</sup> (**upgrade from an Offshore SAS One-day to an ISAF**)

US Sailing Sanctioned Offshore Safety at Sea One-day: June 23<sup>rd</sup> (Does not meet Current Pacific Cup or ARC Requirements)

Early Registration Discount for the Two-Day ISAF in June for SWYC Members for are available — Please contact John Miller for additional information

**For more information contact:** John Miller, [findjohn@sailaweighllc.com](mailto:findjohn@sailaweighllc.com)

OR

**Register:** <http://www.sailaweighllc.com/product-category/safety-at-sea-seminar/>

Plan – Personal safety gear, man overboard, emergency communications, search and rescue.

Prepare – Heavy weather, storm sails, crew health, hypothermia, jury rigging and repair, fire precautions, lending assistance, life rafts, signals.

Practice – Participate in hands-on sessions on life jackets and life rafts in the water and group activities to test problem solving abilities.



Ask about discounts for Racers and Cruisers!

Certified by:



Sponsored By: SWYC and Sail Aweigh LLC

