



Sailing Instructions

Arizona Yacht Club Ruth Beals Cup

Lake Pleasant, Arizona

October 10, 2020

Rules. The event will be governed by the rules as defined in *The Racing Rules of Sailing 2017-2020* (RRS), the Notice of Race (NOR) and Sailing Instructions (SI). Class and Fleet rules will not apply.

Entry. Entry will be online at arizonayachtclub.org.

Notices to competitors. Notices will be posted on the AYC website, arizonayachtclub.org.

Signals made ashore. No signals will be made ashore.

Schedule. Warning signal 9:30 am on Saturday, October 10.

Racing area. The race will be conducted on Lake Pleasant, Arizona.

Course to be sailed. There will be one race only. Start between the red ball and the bow of the race committee boat positioned in the south portion of the lake. Sail around Horse Island, Balance Rock Island, and a yellow mark north of No-Name (Bobcat) Island, taking all islands and marks to port. Finish mid-lake between the red ball and the bow of the race committee boat. See Long Distance Racing Chart for position of islands.

Starting and finishing line. The starting and finishing line will be between the bow of the committee boat and a small red buoy mark. The start/finish line is not restricted; boats may sail through the line when not starting or finishing.

Alterations to the rules. The entrant shall handle the helm of the boat, except that she may have her crew briefly steer while she is making adjustments.

In addition to rounding marks, the Race Committee may shorten course on a line between the committee boat and the northernmost dock of Scorpion Bay Marina. This changes Rule 32.2. If the Committee shortens course, it will announce the new finish on VHF channel 68.

Protests. Competitors are to submit protests within the protest time that begins when the Race Committee returns to the parking lot at Spinnaker Point and sounds one horn. Protest time will end with the sounding of two horns 30 minutes later.

Scoring. Boats will be scored using PHRF handicap time-on-time.

Prizes. One prize will be awarded: The winning Skipper's name will be engraved on the permanent Ruth Beals Cup, which she may keep until the date of the next Ruth Beals Cup Regatta.

Covid-19 Health Guidelines: All participants are required to follow these guidelines.

- a. Participants will comply with all local requirements and the Arizona Covid-19 related Executive Orders.
- b. Participants are required to wear a mask on the docks, launch ramps, and whenever social distancing of at least six feet cannot be maintained ashore.
- c. Skippers may, at their sole discretion, require crew to take additional precautions such as wearing masks afloat.
- d. Each person understands the risk of possible exposure or even contracting COVID-19 by participating in the Ruth Beals Cup and accepts ALL risk associated with their participation.

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