



SAILING INSTRUCTIONS
Arizona Yacht Club



LEUKEMIA &
LYMPHOMA
SOCIETY®

LEUKEMIA
CUP REGATTA®

Birthday and Leukemia Cup Regatta
February 18-20, 2022 - Lake Pleasant, Arizona

- 1. Rules:** The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 2. Changes to Sailing Instructions:** Changes to the sailing instructions may be made on the water by displaying flag L, with one sound.
- 3. Radio Communications:** On the water, the race committee will monitor and communicate with competitors via VHF radio on channel 68.
- 4. Schedule:**
First warning: Friday (2/18), 1pm. Saturday and Sunday (2/19-20), 10am.
No warning signal shall be made after 4:30pm on 2/18, after 4:00pm on 2/19, and after 2:30pm on 2/20.
- 5. Class Boards:** In place of class flags, class boards will be displayed for starts. This modifies Rule 26. Class boards for each Fleet will be reviewed with competitors at the Skipper's Meetings.
- 6. Racing Area and Courses:** [Lake Pleasant Chart L](#) shows the courses and course designations. All rounding marks are left to port.
- 7. Marks:** Rounding marks will be inflatable yellow cylinders and tetrahedrons, green tetrahedrons, and islands.
- 8. Check-in and Checkout:** Each boat must check in before her first race each day by sailing aft of the Race Committee on starboard tack and hailing with their fleet and sail number. A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible verbally or via VHF channel 68.
- 9. Starting and Finishing Line:** The starting line is between the orange mast on the committee boat and a small red buoy mark. The finishing line is between the orange mast on the committee boat and a small yellow buoy mark.
The start line and finish line are obstructions that the boats racing shall not cross unless starting or finishing. Boats whose warning signal has not been made shall avoid the starting and finishing area during the starting sequence and as boats are finishing for other races as required by RRS 23.1.
- 10. Rolling Starts:** When possible, after the first start the race committee will use rolling five-minute start sequences for subsequent fleets.
- 11. On Course Side:** If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request. This changes Rule 62.1(a).
- 12. Time Limit:** The time limit will be 90 minutes for the first boat to finish. If no boats have finished within that window, the race is abandoned.
- 13. Protests:** Competitors shall submit protests within the protest time that ends at 6 pm on race Day 1 and Day 2, 4:30pm on Day 3. [Protest forms are available on the AYC Racing Page \(link\)](#) and on the US Sailing app, or protests may be filed as an email conforming to the requirements of Rule 61.2. Send the protest to BirthdayRegatta@ArizonaYachtClub.org. Protest and redress hearings will be held as soon as possible after the protest time at location communicated at Skippers Meeting and on updated SI.