

AYC Birthday Regatta Emergency Card for Lake Pleasant

ON-THE-WATER Emergency or Serious Injury - Steps

1. Render assistance
2. Contact Committee Boat - VHF #16 or #68
 - Committee Boat will summon assistance from resources
3. **If Committee Boat cannot be reached, call for Help & Emergency Attention:**
 - **9-1-1: summons Peoria Fire Department rescue boat & MCSO Lake Patrol**
 - **USCG Auxiliary: Monitors VHF #16**
4. Monitor and administer first aid
5. If possible, transit toward nearest Emergency Response Pick-up Location
6. Assist in directing first responders to your location
7. Transfer injured to care of Emergency Team
8. Debrief and inform: PRO, Regatta Chairman, family of injured

ON-LAND Emergency or Serious Injury - Steps

1. Render assistance
2. Call 9-1-1 for assistance
3. Monitor and administer first aid
4. Assist in directing first responders to your location
5. Transport to nearest medical facility or transfer injured to care of Emergency Team
6. Debrief and inform: PRO, Commodore, Regatta Chairman

Be prepared to tell Committee Boat or 9-1-1:

- Current location of injured person
- Description of boat(s) (if requesting on-the-water help)
- Where you plan to bring the injured person ashore (see map)
- Age, gender, and number of injured people
- Type of injury / situation (injury, fire, man overboard / missing, etc.)
- Your name and call back number

Key Numbers:

- 9-1-1: Police, Fire, and Ambulance
- VHF #16: US Coast Guard Auxiliary (availability at Lake Pleasant varies)
- Pleasant Harbor Shore Patrol / Security: 623-764-2474
- AYC Commodore (Deb Heisler): 602-214-2053
- AYC Regatta Chairman (Emory Heisler) 602-679-0462

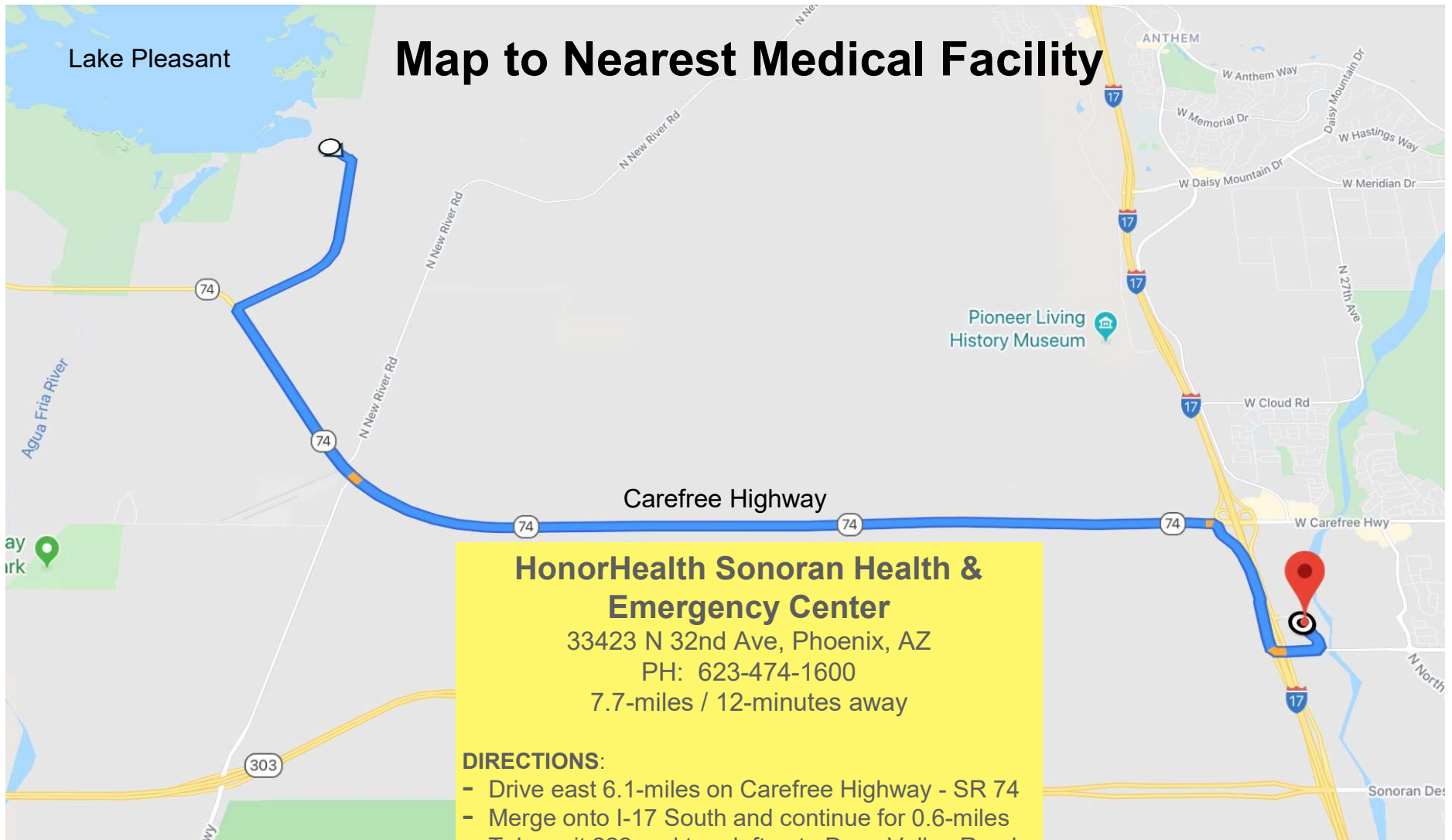


Emergency Response Pick-up Locations:

- A: Pleasant Harbor Marina - North Boat Ramp
- B: Pleasant Harbor Marina - Courtesy Ramp (where AYC Committee Boat and Mark-Set Boats are moored)- preferred by Peoria Fire Department
- C: Pleasant Harbor Marina - South Boat Ramp
- D: Ten Lane Boat Ramp
- E: Park Headquarters - Operations Center Drive
- F: Castle Creek (4-Lane) Boat Ramp - Castle Creed Road



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HonorHealth Sonoran Health & Emergency Center
33423 N 32nd Ave, Phoenix, AZ
PH: 623-474-1600
7.7-miles / 12-minutes away

DIRECTIONS:

- Drive east 6.1-miles on Carefree Highway - SR 74
- Merge onto I-17 South and continue for 0.6-miles
- Take exit 222 and turn left onto Dove Valley Road
- Go 0.4-miles then turn left onto N 32nd Avenue
- Travel 900-feet and turn right into the Hospital

