

AYC Birthday Regatta Emergency Card for Lake Pleasant

ON-THE-WATER Emergency or Serious Injury - Steps

1. Render assistance
2. Contact Committee Boat - VHF #16 or #68
 - Committee Boat will summon assistance from resources
3. **If Committee Boat cannot be reached, call for Help & Emergency Attention:**
 - **9-1-1: summons Peoria Fire Department rescue boat & MCSO Lake Patrol**
 - **USCG Auxiliary: Monitors VHF #16**
4. Monitor and administer first aid
5. If possible, transit toward nearest Emergency Response Pick-up Location
6. Assist in directing first responders to your location
7. Transfer injured to care of Emergency Team
8. Debrief and inform: PRO, Regatta Chairman, family of injured

ON-LAND Emergency or Serious Injury - Steps

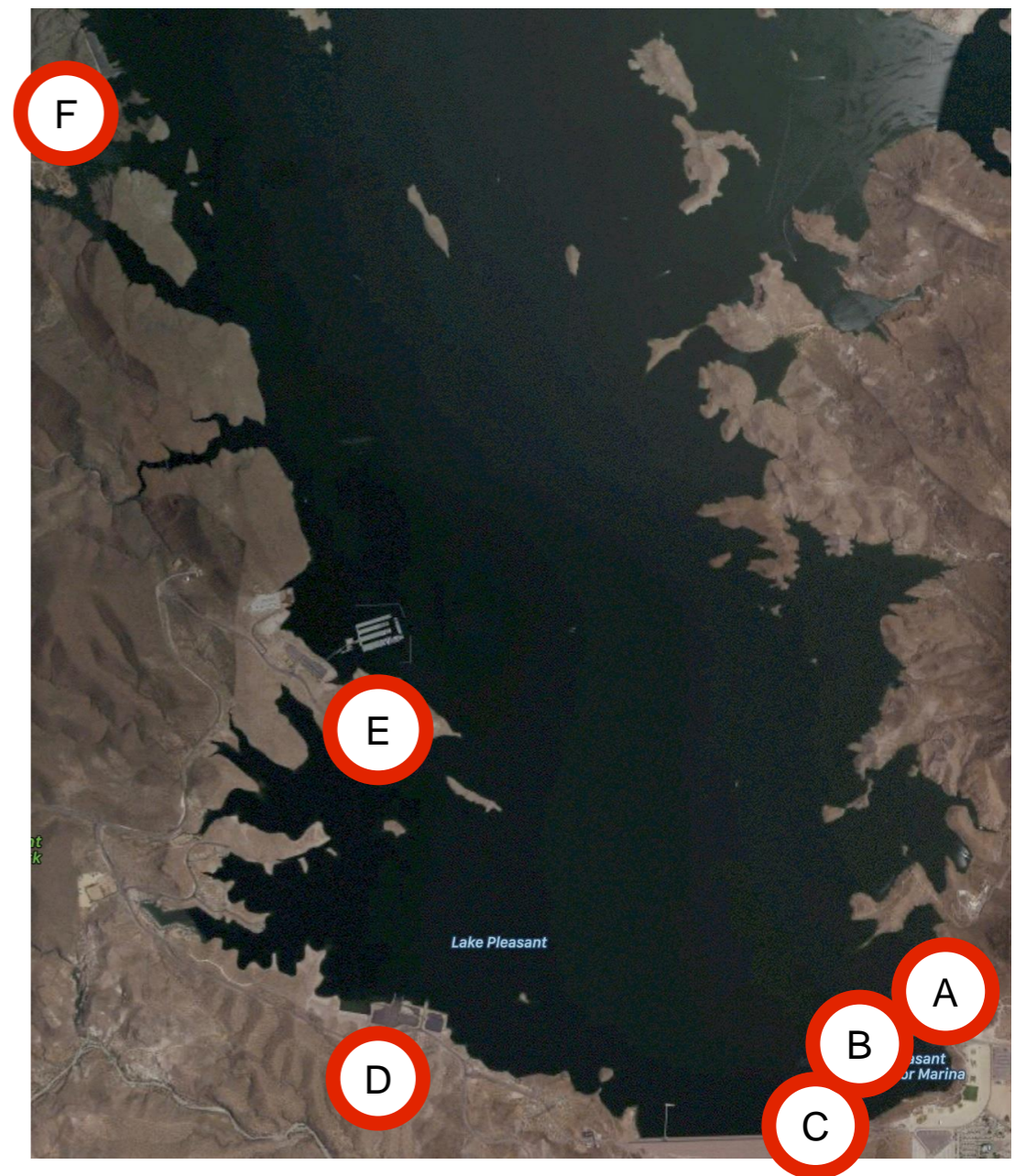
1. Render assistance
2. Call 9-1-1 for assistance
3. Monitor and administer first aid
4. Assist in directing first responders to your location
5. Transport to nearest medical facility or transfer injured to care of Emergency Team
6. Debrief and inform: PRO, Commodore, Regatta Chairman

Information to Collect and Prepare for Committee Boat or 9-1-1:

- Injury / situation description (injury, fire, man overboard / missing, etc.)
- Location of injured person, vessel in distress
- Vessel in distress boat description(s) if requesting on-the-water help.
- Age, gender, and number of injured people
- Your name, vessel boat description, sail #, contact phone #
- Where you plan to bring the injured person ashore (see map)

Contact Numbers:

- 9-1-1: Police, Fire, and Ambulance
- VHF #16: US Coast Guard Auxiliary (availability at Lake Pleasant varies)
- Pleasant Harbor Shore Patrol / Security: 623-764-2474
- AYC Commodore (Deb Heisler): 602-214-2053
- AYC Regatta Chairman (Emory Heisler) 602-679-0462

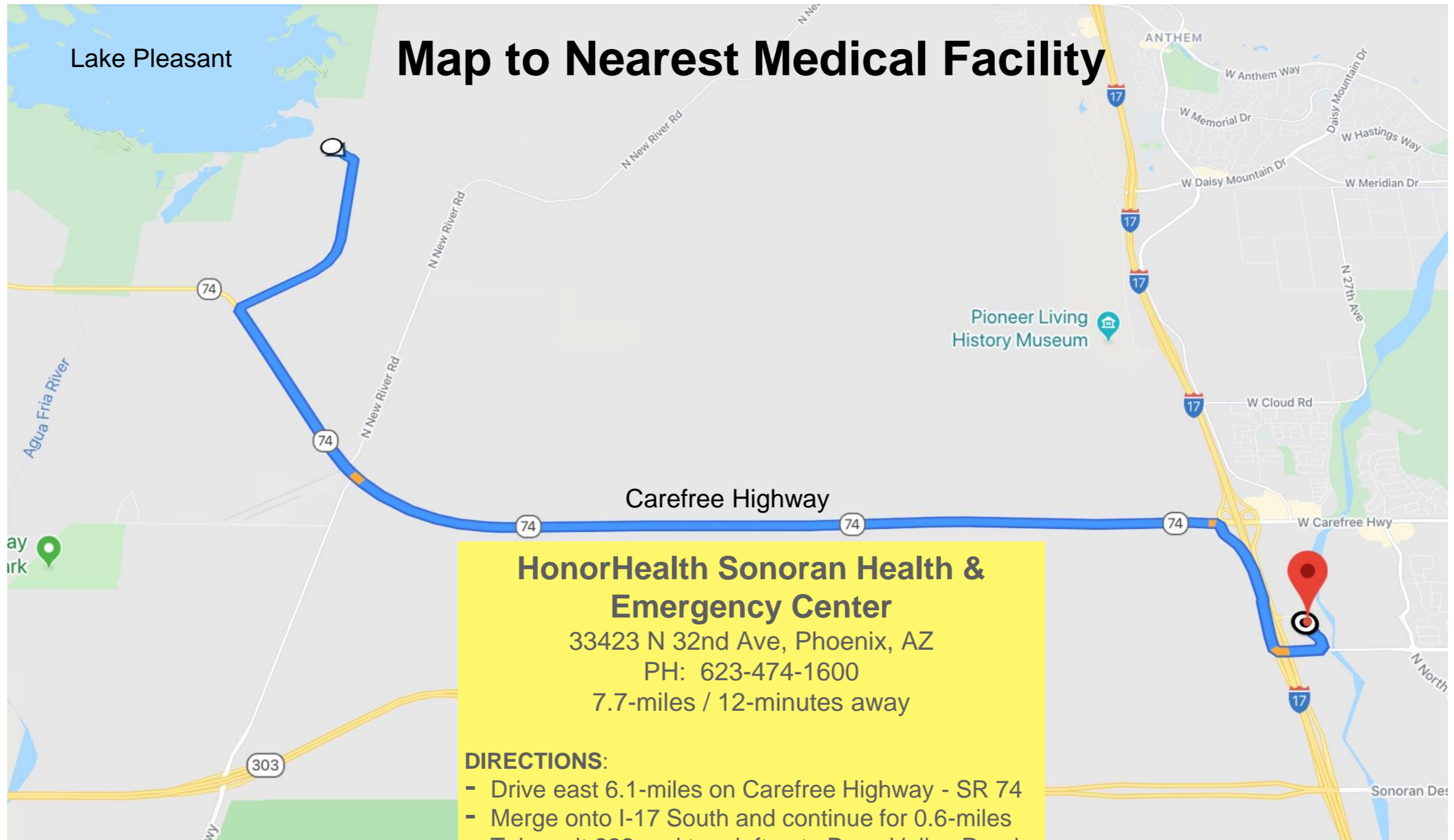


Emergency Response Pick-up Locations:

- A: Pleasant Harbor Marina - North Boat Ramp
- B: Pleasant Harbor Marina - Courtesy Ramp - preferred by Peoria Fire Department - ramp where AYC Committee Boat and Mark-Set Boats are launched.
- C: Pleasant Harbor Marina - South Boat Ramp
- D: Ten Lane Boat Ramp
- E: Park Headquarters - Operations Center Drive
- F: Castle Creek (4-Lane) Boat Ramp - Castle Creed Road



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Emergency Card

Template Directions – Delete this page when complete.

Overview: The Emergency Card Template gives clubs and community sailing programs a strong starting point from which to create an Emergency Card for their specific location. This template has been developed collaboratively with input from safety experts at Gowrie Group, US Sailing, and sailing programs across the country. To obtain an editable Word Document copy of this template, email burgee@gowrie.com.

Posting of Emergency Card: Your card should be posted prominently in multiple locations at your facility – near the phones/VHF, dock office, front office, etc. It should also be laminated and given to your on-the-water staff and attached to each safety boat, coach boat, launch, and/or RC boat. Some programs find it helpful to convert their emergency plan into a waterproof sticker which they affix to each boat. It may also be appropriate to share a copy with your members and/or to post to your website.

Determining who to call first and where to go ashore: Take the time to team with your local Coast Guard and/or fire department to get input - every location is different.

- **Major Harbor Example:** Sailing programs located in major harbors may find that a call on VHF#16 to the Harbor Master and/or local US Coast Guard is the best first call. These resources tend to be on duty 24/7 and are equip to quickly respond to an on-the-water emergency by boat. Do your research and find out.
- **Small Harbor Example:** Programs located on small lakes or small harbors may find that calling 9-1-1 or the local emergency number for their fire station is the best first call. Do your research and find out.
- **Where to Go Ashore:** Include multiple possible locations to bring an injured person ashore; factors to consider include location of the incident, ease of transfer, tide, traffic, weather, and more.
- **9-1-1:** In some locations, calling 9-1-1 on a cell phone may result in reaching a dispatch station located in a different town/state. Make sure the caller specifies the location (city, state, Lat/Long) where help is needed.

Review & Practice: Annually, this Emergency Card should be reviewed, revised, and practiced.

Delete this page when your Emergency Card is customized/complete.

Disclaimers: Although the procedure, plan, and recommendations contained in this Emergency Card Template were created by an experienced team of experts, Gowrie Group and US Sailing make no guarantee as to, and assume no responsibility for, the correctness, sufficiency or completeness of this template. Other or additional safety measures and procedures, along with a complete, detailed Emergency Action Plan (EAP) should be created to complement this Emergency Card.

Contributors: Content and information primarily provided by Gowrie Group and US Sailing.

About The Burgee Program: The Burgee Program is the only comprehensive insurance program developed to meet the unique needs of all types of sailing organizations - yacht clubs, community programs, schools, classes, fleets, paper clubs, and more. The program is managed by the marine experts at Gowrie Group, underwritten by Chubb Group of Insurance Companies, and endorsed by US Sailing. The program protects not only the organization, but also the board members, flag officers, volunteers, members, and employees. Learn more at www.burgeeprogram.com, 800.262.8911, or burgee@gowrie.com.

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