



## US Sailing L1 Instructor Course - Registration Process (as of 6/2022)

Thank you for your interest in joining the ASF Level One (L1) Sailing Instructor team! You can see US Sailing L1 Instructor [FAQs HERE](#). To become an L1 instructor you'll need to:

- Complete several online registration steps (see steps below)
- Complete the online prerequisite classes.
- Attend an in person L1 Instructor Evaluation. ASF holds an L1 in person evaluation class at Tempe Town Lake every 1-2 years.

### REGISTRATION PROCESS:

- 1) Your US Sailing Membership must be "current". Join or renew if necessary [HERE](#).
- 2) **REGISTER FOR THE L1 ONLINE COURSE.**
  - a) Go to [THIS](#) US Sailing webpage, scroll to the bottom where available courses are listed.
  - b) Search for an L1 ONLINE COURSE that fits your schedule.
  - c) **CLICK ON "Enroll Now"** and complete the online forms and submit to US Sailing.
    - i) AFTER you click "Enroll Now", SCROLL DOWN TO THE BOTTOM of the prerequisites page.
    - ii) CLICK the "I understand" check box and then CLICK "CONTINUE"
    - iii) Complete the ONLINE REGISTRATION and PAYMENT process (p.s. Hard Copy books are recommended).
- 3) **AFTER YOU RECEIVE YOUR ONLINE COURSE CONFIRMATION...**
  - a) REGISTER FOR L1 INSTRUCTOR **IN-PERSON** EVALUATION CLASS on the web page [HERE](#).
  - b) Scroll to the bottom where classes are listed and select the upcoming Arizona class, or a class anywhere convenient for you.
  - c) CLICK ON "Enroll Now" and complete the online forms and submit to US Sailing.
    - i) \*NOTE\* SCROLL DOWN TO THE BOTTOM of the prerequisites page.
    - ii) CLICK the "I understand" check box and then CLICK "CONTINUE"
    - iii) Complete the ONLINE REGISTRATION and PAYMENT process (p.s. Hard Copy books are recommended).
- 4) **BEFORE YOUR L1 ONLINE COURSE BEGINS...**
  - a) COMPLETE the Teaching and Coaching Fundamentals Online (TCFO) [HERE](#). 90 min. \$10
- 5) **BEFORE YOUR L1 IN-PERSON EVALUATION CLASS BEGINS...complete these online prerequisites:**
  - a) NASBLA/AZG&F Approved Safe Boating Course: FREE, online [HERE](#)
  - b) SAFESPORT - Athlete/Student Safety Training: FREE, online [HERE](#)
- 6) CPR/First Aid: you must have CPR/FA certification every 2 years to maintain your US Sailing L1 certification. CPR/FA courses are scheduled periodically by ASF for L1 Instructors.

If you have questions, please send an email to [ArizonaSailingFoundation@gmail.com](mailto:ArizonaSailingFoundation@gmail.com)