



Sailing Instructions

Arizona Yacht Club Ruth Beals Regatta 2022

Lake Pleasant, Arizona

October 22, 2022

1. **Rules.** The series will be governed by the rules as defined in the Racing Rules of Sailing (RRS). Fleet and class rules will not apply.
2. **Changes to Sailing Instructions.** Changes to the sailing instructions may be made on the water by displaying flag L, come within hail, with one sound.
3. **Radio Communications.** On the water, the race committee will monitor and may communicate with competitors via VHF radio on channel 68.
4. **Schedule.** The scheduled time of the warning signal for the race is 1 pm. All boats will start together using a five-minute starting sequence.
5. **Racing Area and Courses.** The Ruth Beals Regatta 2022 chart shows the racing area. Start between the red ball and the orange mast of the race committee boat positioned in the south portion of the lake. Sail around Horse Island, leaving it to port, and finish between the red ball and the bow of the race committee boat.
6. **Check-in and Checkout.** Each boat must check in before her race by sailing aft of the Race Committee on starboard tack and hailing sail number. A boat that retires from the race shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
7. **Starting and finishing line.** The starting line will be between the orange mast on the committee boat and a small red buoy mark. The finishing line will be between the orange mast on the committee boat and a small yellow buoy mark. The line between the start and finish marks is an obstruction that the boats shall not cross unless starting or finishing.
8. If any part of a boat's hull is on the **course side** of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request. This changes RRS 62.1(a).
9. **Alterations to the rules.** The entrant shall handle the helm of the boat, except that she may have her crew briefly steer while she is making adjustments.
10. **Protests.** Competitors are to submit protests within the protest time that ends at 8 pm. [Protest forms are available here](#) or on the US Sailing app or may be a simple email meeting the requirements of RRS 61.2. Send the protest to racingcaptain@arizonayachtclub.org. Protest and redress hearings will be virtual and parties and witnesses to hearings shall have access to a device that has internet accessibility with audio and video capability.

Mike Ferring, Racing Captain, 602.241.7123 – racingcaptain@arizonayachtclub.org