



# Sailing Instructions

Arizona Yacht Club Birthday Regatta

February 17-19, 2023

Lake Pleasant, Arizona

1. **Rules.** The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and applicable class and fleet rules, which are available from fleet captains.
2. **Changes to Sailing Instructions.** Changes to the sailing instructions may be made on the water by displaying flag L, come within hail, with one sound.
3. **Radio Communications.** On the water, the race committee will monitor and may communicate with competitors via VHF radio on channel 68.
4. **Schedule.**  
Day 1 (February 17) Skippers meeting 10:30am, first warning 1pm. No warning after 4pm  
Day 2 (February 18) Skippers meeting 8:30am, first warning 10am. No warning after 4pm  
Day 3 (February 19) No skippers meeting, first warning 9am. No warning after noon.
5. **Class Boards.** In place of class flags, class boards will be displayed for starts. This modifies Rule 26. Class boards for each fleet will be reviewed at the skippers meetings.
6. **Racing Area and Courses.** Lake Pleasant Chart L shows the courses and course designations. All rounding marks are left to port.
7. **Marks.** Rounding marks will be inflatable yellow and green cylinders and tetrahedrons, and islands.
8. **Check-in and Checkout.** Each boat must check in before her first race each day by sailing aft of the Race Committee on starboard tack and hailing fleet and sail number. A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
9. **Starting and finishing line.** The starting line will be between the orange mast on the committee boat and a small red buoy mark. The finishing line will be between the orange mast on the committee boat and a small yellow buoy mark. After sailing the weather leg, the line between the start and finish marks is an obstruction the boats shall not cross unless starting or finishing.
10. **The Start.** To save time and when possible, after the first start the race committee will use rolling five-minute start sequences for subsequent fleets. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
11. If any part of a boat's hull is on the **course side** of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request. This changes RRS 62.1(a).
12. **Time Limit.** The time limit will be sixty (60) minutes for the first boat to finish. If no boats have finished within that window, the race is abandoned.
13. **Protests.** Competitors are to submit protests within the protest time that ends at 6pm on Friday and Saturday and 2pm Sunday. [Protest forms are available here](#) or on the US Sailing app or may be a simple email or note meeting the requirements of RRS 61.2. Send the protest to [racingcaptain@arizonayachtclub.org](mailto:racingcaptain@arizonayachtclub.org) or hand it to the PRO or Racing Captain. Protest and redress hearings will be held as soon as possible

Wendy Larsen, Principal Race Officer, 602.329.3214

Mike Ferring, AYC Racing Captain, 602.241.7123 – [racingcaptain@arizonayachtclub.org](mailto:racingcaptain@arizonayachtclub.org)

Mike Parker, Regatta Chairman, 480.270.2443