



Sailing Instructions

Arizona Yacht Club Ruth Beals Cup Regatta

October 21, 2023

Lake Pleasant, Arizona

1. **Rules.** The series will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
2. **Notices to Competitors.** Notices will be posted on the AYC website, arizonayachtclub.org up to 5pm, October 20.
3. **Saturday Schedule**
 - a. Breakfast starts at 9am on October 21 at Spinnaker Point.
 - b. The Skippers' Meeting will be held at 10am on October 21 at Spinnaker Point and is mandatory for all participants.
 - c. This is a pursuit race. The starts are staggered based on the PHRF rating of the boat being raced. Boats will begin racing between 12:55pm and 2pm.
 - d. A post-race social event will be hosted at the Spinnaker Point ramada at (approximately) 5:30pm. The perpetual Ruth Beals Cup will be presented to the first-place finisher. Food and beverages will be available for those who are registered or purchased a meal.
4. **Racing Area:** The races will be conducted on Lake Pleasant, Arizona.
5. **Courses to be Sailed.** The 3 possible Courses to be sailed are described on the Lake Pleasant Ruth Beals Cup Chart. The race committee will determine the course the day of the race. The Lake Pleasant Ruth Beals Cup chart is available at <https://arizonayachtclub.org>.
6. **Marks.** Rounding marks will be inflatable yellow or green cylinders and tetrahedrons, and islands.
7. **Starts.**
 - a. Start times for this pursuit race are available at <https://arizonayachtclub.org>
 - b. AYC fleet boards will display the course as identified on the Lake Pleasant Ruth Beals Cup Chart. This modifies rule 26. See course chart for procedure. The course option for the day will be displayed as a letter on the course board on the RC boat.
 - c. Boats shall avoid the starting area until five minutes before their start time.
8. **Check-in and Checkout.** Each boat must check in before her race by sailing aft of the Race Committee on starboard tack and hailing her sail number. A boat that retires from a race or retires from racing before the end of the race shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
9. **Starting and Finishing Line.**
 - a. The starting line will be between the orange mast on the committee boat and a small red buoy mark.
 - b. The finishing line will be between the orange mast on the committee boat and a small yellow buoy mark.
 - c. For safety reasons a boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
10. **Time Limits.**
 - a. A boat starting later than 15 minutes after the last posted start time will be scored 'Did Not Start' (DNS). This changes rule A4.
 - b. The Race Committee reserves the right to RET any boats finishing after the first boat has completed the race.
 - c. No other time limits will be imposed.
11. **Protests.** Competitors are to submit protests online by 5pm on Saturday. [Protest forms are available here](#) or on the US Sailing app or may be a simple email meeting the requirements of RRS 61.2. Send the protest to racingcaptain@arizonayachtclub.org. Protest and redress hearings will be virtual and parties and witnesses to hearings shall have access to a device that has internet accessibility with audio and video capability.
12. **Scoring.** After starting, a boat may retire (RET) from the race and receive a score equal to the number of starters in the race. This changes rule A4.
13. **Prizes.** The Ruth Beals Cup will be awarded to the first finisher in the race.