

# EMERGENCY ACTION PLAN (EAP)

**SCOPE:**

AYC club racing at Lake Pleasant  
On-the-water / afloat emergencies

**PRINCIPAL RACE OFFICER (PRO):**

In-charge of on-the-water Emergencies  
Coordinates response & communications

**EMERGENCY EXAMPLES:**

**Minor Emergencies:** non-life threatening injury or illness, mild hypothermia, person-in-water needing help

**Major Emergencies:** life-threatening injury or illness, significant blood loss, heart-attack, stroke, hypothermia, heat exhaustion, near-drowning, broken bones, missing person.

**RESPONSE RESOURCES:**

AYC Mark-set  
Additional AYC power boats (special events)  
Peoria Fire Dept. (PFD) : advanced medical, CPR, Fire

**COMMUNICATIONS:**

VHF CH 68: Working comms (Peoria Fire unable to use)  
VHF CH 16: Emergency comms

**Hail as:**

AYC PRO: "AYC Race Committee"  
AYC Mark-set Boat: "AYC Mark-set Boat"  
Peoria Fire Department: "Peoria Fire"

**Phone Contacts:**

**POLICE, FIRE, AMBULANCE: 9 1 1**  
AYC Commodore - Martin Lorch: **602.628.4522**  
AYC Racing Captain - Bruce Andress: **602.499.3844**  
Pleasant Harbor Marina: **623.235.6130**  
Security / Harbor Patrol: **623.764.2474**

**WHAT 3 WORDS FIXED LOCATIONS:**

**Courtesy Dock:** breezed.rhino.fetches  
**Metal Building:** categorically.occupier.vital  
**North Ramp:** pizzas.evening.guts  
**Ramada #6 (cook-outs):** horizontally.study.series  
**South Ramp:** candy.backyards.pant  
**Spring Canyon Launch Area:** waddled.pong.clubbing

ACTIONS	MINOR EMERGENCY	MAJOR EMERGENCY
VHF Communications	CH-68	CH-16
PRO	<ul style="list-style-type: none"> <li>Direct Mark-set boat to assist</li> <li>Monitor progress via radio</li> <li>Arrange for ground transportation to Emergency Room</li> </ul>	<ol style="list-style-type: none"> <li>Declare a major emergency</li> <li>Implement the Emergency Action Plan</li> <li>Suspend racing as needed</li> <li>Direct AYC boats to assist and to provide "What 3 Words" location</li> <li>Call 911:                             <ul style="list-style-type: none"> <li>provide "What 3 Words" location</li> <li>state you are up on Marine CH-16</li> </ul> </li> <li>Hail PFD Response Boat on CH-16</li> </ol>
AYC Mark-set Boat  • Skipper & crew <b>MUST</b> have "What 3 Words" app for creating 3-word location identifier.	<ul style="list-style-type: none"> <li>Respond and assist</li> <li>Perform first aid</li> <li>Keep PRO informed</li> <li>Transport to Rendezvous Point for pick-up</li> <li><b>Do not transport if head, back, or spine injury</b></li> </ul>	<ul style="list-style-type: none"> <li>Respond &amp; Assist - keep PRO informed</li> <li>Provide "What 3 Words" location to PRO</li> <li>Perform first aid</li> <li>Display visual orange distress signal</li> <li>Establish CH-16 comms with Peoria Fire</li> <li>Transport to COURTESY DOCK AT PLEASANT HARBOR for pick-up. <b>Do not transport if head, back, or spine injury</b></li> </ul>
Peoria Fire  • Response Time is typically about 10 to 15-minutes.	<ul style="list-style-type: none"> <li>Generally not needed</li> </ul>	<ul style="list-style-type: none"> <li>Respond as needed</li> <li>Hail "Race Committee" (PRO) on CH-16</li> <li>Meet at "COURTESY DOCK AT PLEASANT HARBOR" or On-Scene as dictated by situation / urgency</li> </ul>

**PRESS COMMUNICATIONS:** If a Safety Incident results in media queries, ONLY THE COMMODORE or their direct designee is authorized to speak on behalf of AYC.

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## Maps & Directions

### RENDEVOUS LOCATION:

- “COURTESY DOCK AT PLEASANT HARBOR”
- Meet-up point for transferring victim / patient to Peoria Fire or to AYC for ground transportation to Emergency Room.

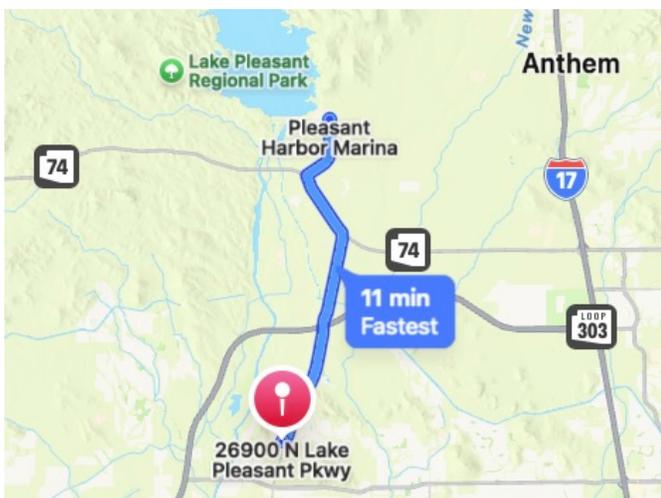


### NEAREST EMERGENCY ROOM:

- North Peoria Emergency Center
- 26900 N. Lake Pleasant Parkway in Peoria
- PH: 623.561.2022

### DRIVING DIRECTIONS:

- Time / distance: ~13-minutes / ~10-miles



1. exit Pleasant Harbor
2. turn RIGHT onto Old 87th Ave and travel SOUTH for 1.8-miles
3. turn LEFT onto Carefree Highway
4. travel 1.8-miles EAST
5. at the light turn RIGHT onto Lake Pleasant Pkwy
6. travel 5.5-miles SOUTH on Lake Pleasant Pkwy
7. turn RIGHT into the North Peoria Emergency Center parking lot