



# Sailing Instructions

Arizona Yacht Club  
Spring Series 2026  
Lake Pleasant, Arizona

1. **Rules.** The series will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and applicable class and fleet rules, which are available from fleet captains.
2. **Changes to Sailing Instructions.** Sailing Instructions may be changed up to 5PM the day before racing and posted at the [AYC website](#). Changes to the sailing instructions may be made on the water by displaying flag L, come within hail, with one sound.
3. **Radio Communications.** On the water, the race committee will monitor and may communicate with competitors by VHF radio on channel 68.
4. **Schedule.** The scheduled time of the warning signal for the first race Saturdays is 12:30 PM. No warning signal will be displayed after 4 PM on Saturdays. The scheduled time of the warning signal for the first race Sundays is 9:00 AM. No warning signal will be displayed after 12:30 PM on Sundays.
5. **Class Boards.** In place of class flags, class boards will be displayed for starts. This modifies Rule 26. The class symbol will show for Catalina 22, Santana 20, and Thistle. A green board marked with PHRF Spin will show for PHRF Spinnaker. A Superman symbol will show for Sport Boat. A board with CAT will show for multi-hulls. Portsmouth boats will show Pm. If PHRF non-spin boats are racing, a yellow board with PHRF will show.
6. **Racing Area and Courses.** Lake Pleasant Chart O shows the courses and course designations. All rounding marks are left to port.
7. **Marks.** Rounding marks will be inflatable yellow, red, or green cylinders and tetrahedrons, and islands.
8. **Check-in and Checkout.** Each boat must check in before her first race each day by sailing aft of the Race Committee on starboard tack and hailing fleet, sail number, and number of persons onboard. A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
9. **Starting and finishing line.** The starting line will be between the orange mast on the committee boat and a small red buoy mark or orange flag. The finishing line will be between the orange mast on the committee boat and a small yellow buoy mark. After sailing the weather leg, the line between the start and finish marks is an obstruction the boats shall not cross unless finishing. Unless corrected, a boat violating this rule will be scored NSC without a hearing.
10. **The Start.** To save time and when possible, after the first start the race committee will use rolling five-minute start sequences for subsequent fleets. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
11. **On Course Side.** If any part of a boat's hull is on the **course side** of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request.
12. **Safety.** All persons on board are encouraged to wear a personal flotation device while underway. A boat, competitor, or support person shall give all possible help to any person or vessel in danger.
13. **Time Limit.** The time limit will be ninety (90) minutes for the first boat to finish. If no boats have finished within that window, the race is abandoned. Any boat finishing more than thirty (30) minutes after the first finisher will be scored TLE (Time Limit Expired).
14. **Protests.** Competitors are to submit protests within the protest time that ends at 8PM on race Saturdays & Sundays. [Protest forms are available here](#) or on the US Sailing app or may be a simple email meeting the requirements of RRS 60.3. Send the protest to [racingcaptain@arizonayachtclub.org](mailto:racingcaptain@arizonayachtclub.org). Protest and redress hearings will be virtual and parties and witnesses to hearings shall have access to a device that has internet accessibility with audio and video capability.