



Sailing Instructions

Arizona Yacht Club Birthday Regatta and Charity Regatta

February 13-15, 2026, Lake Pleasant, Arizona

- Rules.** The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and applicable class and fleet rules, which are available from fleet captains. Fleet captains can be found at arizonayachtclub.org/fleets.
- Changes to Sailing Instructions.** Changes to the sailing instructions will be posted by 0700 on any race day. Changes may be made on the water by displaying flag L, come within hail, with one sound.
- Radio Communications.** On the water, the race committee will monitor and may make courtesy broadcasts with competitors via VHF radio on channel 68.
- Schedule.** The Charity Regatta on Friday will be scored separately from the Birthday Regatta on Saturday/Sunday.
Day 1 (February 13) Friday Charity Race. No skippers meeting, first warning signal at 1pm. No warning signal after 4pm.
Day 2 (February 14) Birthday Regatta. Skippers meeting at 7:45am, first warning signal at 9:30am. No warning signal after 4pm.
Day 3 (February 15) Birthday Regatta. No skippers meeting, first warning signal at 9am. No warning signal after noon.
- Class Boards.** In place of class flags, class boards will be displayed for starts. This modifies Rule 26. Class boards for each fleet will be reviewed at the skippers' meeting.
- Racing Area and Courses.** Lake Pleasant Chart O shows the courses and course designations. All rounding marks are left to port.
- Marks.** Rounding marks will be inflatable yellow, green and red cylinders and tetrahedrons, and islands.
- Check-in and Checkout.** Each boat must check in before her first race each day by sailing aft of the Race Committee on starboard tack and hailing fleet, sail number and number of people onboard. A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
- Obstructions.** Except when starting or finishing, the line between the start and finish marks is an obstruction. A boat that sails through the start or finish line during a race but not starting or finishing will be scored DSQ without a hearing and she may not correct her error. This changes rule 28.2.
- The Start.** To save time and when possible, after the first start the race committee will use rolling five-minute start sequences for subsequent fleets.
Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request. This changes RRS 61.4(b)(1).
The starting line will be between the orange mast on the committee boat and a small red buoy mark. After a fleet starts, the position of the Start and Finish marks may be adjusted. Such changes shall not be cause for redress.
- Cruising Fleet.** The Cruising Fleet will race one long distance race. They will start as the last fleet to start their first race on Saturday morning. The courses, and starting and finishing procedures are posted in Lake Pleasant CRUISING Course Chart.
- The Finish.** The finishing line will be between the orange mast on the committee boat and a small yellow buoy mark.
- Safety.** All persons on board are encouraged to wear a personal flotation device while underway. A boat, competitor, or support person shall give all possible help to any person or vessel in danger.
- Time Limits.** The time limit will be sixty (60) minutes for the first boat to finish. If no boats have finished within the time limit, the race is abandoned. The finishing window is the time for boats to finish after the first boat sails the course. The finishing window will be thirty (30) minutes. Boats starting but failing to sail the course within the finishing window will be scored TLE without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the finishing place of the last boat that sailed the course within the Finishing Window and was not penalized under RRS 30.3 or 30.4. This changes RRS 35, A5.1, A5.3 and A10.
The exception is the Cruising Fleet. Once started, a boat must finish by 4pm, or be scored DNF.
- Protests.** Competitors are to submit protests within the protest time that ends at 6pm on Friday and Saturday and 2pm Sunday. [Protest forms are available here](#) or on the US Sailing app or may be a simple email or note meeting the requirements of RRS 60.3. Send the protest to racingcaptain@arizonayachtclub.org or hand it to the PRO or Racing Captain. Protest and redress hearings will be held as soon as possible.

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