Arizona Yacht Club

Sailing Instructions
Dinghy Days Regatta

November 6, 7, & 8, 2026
Lake Pleasant, Arizona

1. **Rules**. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) for 2025 – 2028 and applicable class rules which can be found on their respective class websites.
2. **Notices to Competitors.** Notices to competitors will be posted on the official notice board(s) located on the AYC website: arizonayachtclub.org/racing
3. **Changes to Sailing Instructions.** Sailing Instructions may be changed up to 3 hours before the first warning of race and posted at the AYC website. Changes to the sailing instructions may be made on the water by displaying flag L, come within hail, with one sound. Competitors should sail aft of the committee boat on starboard tack or listen to the designated RC VHF Channel 68 for information about the change.
4. **Communications.** On the water, the race committee will monitor and communicate with competitors on VHF channel 68 and via flags.
5. **Schedule of Races.**

   Friday, Nov-6:
   - 9:30am: An optional racing clinic will be held at the Hook Building. Interested persons may register for the clinic when registering for racing or separately using the web address given in "Further Information" below.
   - 1PM: Practice racing is open to anyone and no registration is required. Clinic participants may be coached and critiqued for educational purposes.

   Saturday, Nov-7:
   - 10:45am: A Skippers Meeting will be held at the Spring Canyon ramadas. All skippers are strongly encouraged to attend.
   - 12:30pm: First warning; no warning after 4:30pm.
   - 5:30pm: A catered taco dinner will be served at the Spring Canyon ramadas. Event registration includes dinner for one person. Additional information is found the Event Website: https://arizonayachtclub.org/dinghy-days-regatta/

   Sunday, Nov-8:
   - 7am: Coffee will be available at the Spring Canyon ramadas.
   - 9am: First Warning; no warning after noon.
   - 2pm Awards at Spring Canyon ramadas.

6. **Check-in and Check-out.**
   Each boat must check in before the first race each day by sailing aft of the Race Committee on starboard tack and hailing fleet, sail number, and number of souls onboard. A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible. If possible, use VHF channel 68.
7. **Racing Areas.**
   The race venue and courses to be sailed are described in Lake Pleasant Chart Q and the Starting Signals are described in Lake Pleasant Course Chart Appendix A available on the Event Website: https://arizonayachtclub.org/dinghy-days-regatta/
8. **Marks.**
   Rounding marks will be inflatable yellow, green and red cylinders and tetrahedrons.
9. **Starting and Finishing.**
   a. The starting line will be between the orange mast on the committee boat and a small red buoy mark or orange flag. The finishing line will be between a blue flag on the committee boat and a small yellow buoy mark.
   b. In place of flags, class boards will be displayed for starts. This modifies RRS 26.
   c. To save time and when possible, after the first start the race committee will use rolling five-minute start sequences for subsequent fleets. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
   d. If any part of a boat's hull is on the course-side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure to hear such a hail, or the order in which boats are hailed will not be grounds for a redress request. This changes RRS 61.1.
10. **Areas that are Obstructions.**
    After sailing the first leg, the start and finish lines are obstructions the boats shall not cross unless finishing. Unless corrected, a boat violating this rule will be scored NSC without a hearing.
11. **Penalty System.**
    RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One Turn Penalty.
12. **Scoring and Time Limits.**
    a. One race is required to constitute a regatta.
    b. A boat starting later than 5 minutes after her starting signal will be scored "Did Not Start" (DNS) without a hearing. This changes Rule A5.1.
    c. If the first boat fails to finish within 60 minutes of the start, the race is abandoned.
    d. Boats failing to finish within 20 minutes after the first boat in her fleet finishes will be scored "time limit expired" (TLE). Boats scored TLE shall receive points equal to the number of boats finishing within the time limit plus one point. This changes Rule A4.
    e. For each five races sailed, one worst score will be discarded. This modifies Rule A2.1.

13. **Safety.**
    a. A boat, competitor, or support person shall give all possible help to any person or vessel in danger.
    b. Each competitor shall wear a life jacket that is 100% dependent on foam for floatation and the appropriate size for the sailor, at all times, while on the water, except for brief periods while adding and removing clothing. This modifies RRS 40.1.
    c. A boat that retires from a race shall notify the race committee as soon as possible.
14. **Protests and Requests for Redress.** The protest time limit is sixty (60) minutes after the last boat finishes the last race of the day. A hearing request may use a US Sailing form or simply meet the requirements of RRS 60.3 and be delivered to the Principal Race Officer. If possible, hearings will be scheduled and principals informed within 30 minutes of the end of the protest time limit.
15. **Further Information**
    Website: https://arizonayachtclub.org/dinghy-days-regatta/
    Dinghy Days Email: dinghy.days@arizonayachtclub.org
    Bob Naylor, Event Chair, 623.296.9699, rnaylor1@mac.com
    Cathy Hodges, Principal Race Officer, 312.860.6165, cathy@hodgesemail.com